

## Building Links...

Since I returned to Holy Cross as the interim Chief Executive it has been interesting to see how much some things have changed and how others are comfortingly the same. One such example is the Friends' unstinting loyalty and commitment to raising money for the Hospital.

The Friends' latest fundraising initiative, namely a target to raise £30,000 for a new hoist for the hydrotherapy pool, is generous beyond all expectations and wonderfully good news for staff and all our patients who have come to depend on their regular hydrotherapy sessions.

Within days of launching the campaign, we were delighted to host a presentation at which Matt Dellar, the organiser of the Hindhead Boxing Day Run, handed over a cheque for £4,750 to the Chairman, Torquil Sligo-Young.

It was an honour to have Councillor Jacqui Keen the Mayor of Haslemere, who is a former employee of Holy Cross, with us for the presentation. The Mayor had also been responsible for setting the runners off at the event on Boxing Day morning.

We were joined by Jo Hounsome, The Physiotherapy Centre's team leader. Jo explained from first-hand experience how the pool hoist is essential for enabling patients with mobility issues to access the pool. She also showed us a video of the type of hoist we are hoping to buy and how the features will benefit both inpatients and outpatients.

Over 440 people completed the Boxing Day Run and many more were present as helpers or supporters. It is events such as this, as well as the Friends own events, that help us to build links with the local community.

We are also building links with the community through our recent partnership with Brighton University, this partnership is enabling us to offer the newest Nursing and Midwifery Council (NMC) regulated professional nursing role, the Nursing Associate. Two of our health care assistants have been accepted for the two-year apprenticeship.

Thank you to the Friends Committee and all the members for supporting Holy Cross Hospital.

Chris Hinton



From left to right: Jo Hounsome, Councillor Jacqui Keen, Matt Dellar, Torquil Sligo-Young and Rachel Sligo-Young



Our two Trainee Nursing Associates

**All Friends are invited to attend the AGM**

*Friends of Holy Cross AGM  
7.00pm Thursday 22<sup>nd</sup> June  
The Living Room  
Holy Cross Hospital*

## **Fundraising**

**Winemans Bluff 19.11.22** - £1,764 raised

A very amusing and challenging evening. Roger Austin who selects the tasting wines is a master at promoting dissent amongst team members.



However, the star of the show was the 'Singing Monsienieur' who kept everyone laughing with his wild tales. Many thanks to Roger and Anna Austin and all those who helped on the night.

**Haslemere Quilters** £1500 raised

A huge thank you to The Quilters, who nominated us as their charity last year. Their cheque was presented to Torquil chairman of The Friends at their bimonthly meeting.



**Dates for the diary** This year the Friends of Holy Cross are raising funds for a new hoist for the hydrotherapy pool. You can help us, either by taking part in or sponsoring our fundraising events. To take part, please contact the event organiser, sponsoring can be done via the 'JustGiving' website.

**A challenge for the Friends Would you like to be part of the crew?**

  
**Rotary Dragon Boat Challenge**  
A fun packed day for all the family



**Sunday 16th July 2023**

On the Thames at Canbury Gardens  
Lower Ham Road Kingston KT2 5AU

Organised by



If you would, contact Kristy Cleford ([kristycleford@yahoo.co.uk](mailto:kristycleford@yahoo.co.uk)). Kristy has recently joined the committee and is also a physio at Holy Cross. The physios are leading on this one, so Holy Cross hope to be the winning boat.

**Tennis tournament**, Friday 19<sup>th</sup> May, organiser Marie-Claire Wilson. A morning of tennis followed by lunch [marieclaire.wilson@btinternet.com](mailto:marieclaire.wilson@btinternet.com)

**Little Lumpy**, Sunday 21<sup>st</sup> May, join the official cycle ride by signing on <https://littlumpy.co.uk> and in addition raise funds for Holy Cross by joining our Just Giving page. Organiser Torquil Sligo-Young ([tcfbsy@btinternet.com](mailto:tcfbsy@btinternet.com)).

**Golf Day**, Tuesday 12<sup>th</sup> September, organiser Phil Craig ([phil.craig0@gmail.com](mailto:phil.craig0@gmail.com)), takes place at The West Surrey Golf Club.

**Sponsored walk**, Sunday 17<sup>th</sup> September, organiser Bill Kurshid ([bill.kurshid@gmail.com](mailto:bill.kurshid@gmail.com)), An approximately twelve-mile circular walk with a stop for lunch.

**Quiz**, Saturday 18<sup>th</sup> November, organiser Sue Mitchell ([sue.j.mitchell@btinternet.com](mailto:sue.j.mitchell@btinternet.com)), held at Holy Cross, tables of eight or individual tickets.

**Boxing Day Fun Run**, 26<sup>th</sup> December, Matt Dellar, sign up online.